

LUNCH & DINNER

Soups & Starters

Costa Rican Black Bean Soup V GF VG*

Typical black bean soup served with rice avocado, sour cream & a hard boiled egg | 3500

Gazpacho Andaluz VG GF*

Tomato, cucumber, sweet pepper & olive oil chilled soup | 3600

Namaste Spring Rolls VG GF*

Rice paper rolls with avocado, lettuce, vegetables & sesame dressing | 6000

Ceviche Tico GF*

Fresh fish marinated in lemon juice, onion, cilantro & bell pepper.
Served with Patacones | 5500

Montezuma Ceviche GF*

Fresh fish marinated in lemon juice, ranchera sauce, onion, bell pepper, garlic & cilantro.
Served with Patacones | 5500

Salads

Organic greens when available

Add fresh fish, chicken, shrimp or tofu | 2000

Caesar Salad V GF*

Lettuce, homemade croutons, parmesan & homemade caesar dressing
Large | 4000 Small | 2000

Rainbow Salad VG GF*

Lettuce, tomato, carrot, beets, olives, guacamole, homemade croutons, toasted sunflower seeds, garlic bread & fresh basil dressing | 5500

Happy Belly VG GF*

Lettuce, cucumber, tomato, carrot, purple cabbage, guacamole, bell pepper, toasted sunflower seeds & fresh balsamic vinaigrette | 5500

Chipotle Salad VG

Lettuce, cucumber, beans, carrot, avocado, cilantro pico de gallo, purple cabbage, bell pepper, tortillas chip & chipotle-tahini dressing | 5500

Sandwiches

Vegan Patacon Sandwich VG GF*

Lettuce, tomato, cucumber & guacamole served on patacones | 5000

Veggie Patacon Sandwich V GF*

Lettuce, tomato, cucumber, cheese & guacamole served on patacones with your choice of chipotle-mayo sauce, garlic aioli or BBQ sauce | 6000

Chicken Patacon Sandwich GF*

Chicken, lettuce, tomato, cucumber & cheese, served on patacones with your choice of chipotle-mayo sauce, garlic aioli or BBQ sauce | 6500

Chicken Sandwich

Grilled chicken on homemade whole wheat bread with avocado, lettuce, tomato, cucumber & dijon-mayo | 5500

Veggie Burger Sandwich V

Homemade lentil patty served on homemade whole wheat bread with guacamole, lettuce, tomato, cucumber & ranchera sauce | 5500

Wraps

Served with homemade tortilla chips and pico de gallo (Gluten free option available with rice paper)

Chicken Wrap

Grilled chicken, vegetables, lettuce & caesar dressing | 6000

Fresh Fish Wrap

Fresh fish, vegetables, lettuce & caesar dressing | 6000

Veggie Wrap V

Sautéed vegetables, lettuce & pesto dressing | 6000

Spicy Wrap V

Rice, refried beans, pico de gallo, cheese, jalapeño pepper & ranchera sauce | 6000

Rates do not include 13% tax

VG= vegan **V=** Vegetarian **GF=** Gluten free **GF*/VG*=** Gluten free /Vegan option available
We are not a gluten free kitchen. We take special care but cross contamination could occur

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Typical Costa Rican

Chicken or Fish Casado GF*

Chicken or Fish, rice (white or brown), beans, vegetables, cheese, lettuce, pico de gallo & plantains | 6000

Vegetarian Casado VG* GF*

Avocado, rice (white or brown), beans, vegetables, cheese, lettuce, pico de Gallo & plantains | 6000

Rice With Chicken GF*

Classic Costa Rican rice with chicken served with salad & patacones | 6500

Rice With Shrimp GF*

Classic Costa Rican rice with shrimp served with salad & patacones | 7500

Sano Banano Classics

Patacones Sano Banano VG GF*

Fried Mashed plantains served with guacamole, refried beans & pico de gallo | 5000

Zuma Bowl VG*

Brown or white rice. Topped with beans, cheese, tomato, cucumber, avocado, toasted sunflower seeds, tortilla chips, cilantro & chipotle-tahini sauce
Chicken, fish, shrimp or tofu | 7500 Vegetarian | 6000

Nuggets

Chicken or fish, chipotle sauce with patacones or French fries | 6500

Fajitas V VG* GF*

Corn tortillas, guacamole, refried beans & pico de gallo
Chicken or fish | 8000 Vegetarian | 6500

Quesadillas V

Large wheat tortilla, vegetables & cheese served with pico de gallo.
Chicken, fish or shrimp | 8000 Vegetarian | 6500

Mexican Enchilada

Tortilla stuffed with cheese, refried beans & vegetables, topped with cheese and ranchera sauce

Chicken or fish | 8500 Vegetarian | 7000

Mexican Tostadas V GF*

Two crispy corn tortillas topped with avocado, refried beans, lettuce, pico de gallo, cheese & sour cream | 4500

Nachos V GF*

Homemade tortilla chips, guacamole, pico de gallo, cheese, refried beans & sour cream.
Chicken/ fish/ shrimp | large 8000 | small 5500
Vegetarian | large 7000 | small 4500

Burrito V

Wheat tortilla, avocado, refried beans, pico de gallo, lettuce, cheese, sour cream & ranchera sauce
Chicken or fish | 7500 Vegetarian | 6000

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Fresh Fish

Catch of the day a la Parisienne GF*

Fresh fish filet with minced parsley and white wine garlic sauce, complimented by mashed potatoes and vegetables | 9000

Catch of the day a la Passion Fruit GF*

Fresh fish filet with a delicious passion fruit sauce served with mashed potatoes and vegetables | 9000

Catch of the day a la Jalapeño GF*

Fresh fish filet with a spicy jalapeño-ranchera sauce accompanied by mashed potatoes and vegetables | 9000

Catch of the Day a la Costa Sol GF*

Fresh fish filet with a creamy white wine shrimp sauce served with mashed potatoes and vegetables | 10000

Farm Raised Chicken

Chicken with Pineapple Rum Sauce GF*

Chicken breast served with a fresh pineapple rum sauce, accompanied by mashed potatoes and vegetables | 8500

Chicken a la BBQ

Chicken kebabs enhanced by a delicious barbecue sauce, served on a pineapple slice and accompanied by mashed potatoes and vegetables | 9000

Chicken Breast with Fresh Mushroom Sauce GF*

Served with a savory fresh mushroom sauce and accompanied by mashed potatoes and vegetables | 9000

Curry

Savory Thai Curry VG GF*

Curried vegetables simmered in fresh homemade coconut milk served with white or brown rice.
Chicken, fish, shrimp or tofu | 8500
Vegetable | 7000

Pasta

Pasta Pesto with Mushrooms V

Pasta penne enhanced with a sauteed mushroom, pesto and white wine sauce
Chicken | 7500 Vegetarian | 6500

Pasta Arrabiata V

Penne pasta with a spicy tomato sauce with white wine, parsley, garlic & parmesan cheese | 6500

Spaguetti Sano Banano VG

Spaguetti with a fresh coconut milk white wine sauce, basil, bell pepper, mushrooms & avocado
Vegan | 6500 Shrimp | 8000

Fetuccini with Shrimp & Mussels

Shrimp and mussels in a creamy white wine sauce, served with garlic bread | 9000

Sides

French Fries | 2500
Fried Yuca | 2500
Patacones | 2500

Fish or Chicken Nuggets | 3000
Chips & Pico de Gallo | 2000
Chips & Guacamole | 2500
Garlic Bread | 1600

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