

BREAKFAST

Served until 11 am

Sweet

Fresh Tropical Fruit Salad GF

Seasonal fruit | 3500

Banana Pancakes V | 4000

French Toast V

Homemade bread served with syrup | 4500

Toast with Butter & Jam V

Served with our homemade

whole wheat toast | 3500

Breakfast Smoothie Bowls

The Traveler GF* VG

Fresh orange juice, papaya & homegrown banana, topped with dried plums, granola, sunflower seeds, banana slices, dried coconut & ground flax seeds | 4500

Yogi Berry GF* V

Yogurt, homegrown banana & blackberry topped with granola, dried coconut, banana slices & raisins | 4500

Chocolate Sunrise GF* VG

Homemade coconut milk, banana & cacao topped with granola, dried coconut, banana slices & raisins | 4500

Green Dream GF* VG

Homemade coconut milk, spirulina, banana & papaya topped with granola, dried coconut, sunflower seeds & banana slices | 5000

Savory

Eggs & Toast V

Served with our homemade whole wheat toast | 3000

Tipico GF V

Traditional Costa Rican breakfast of rice & beans, eggs, cheese, corn tortillas & plantains | 4000

Vegan Tipico GF VG

Traditional rice & beans, avocado, tomato, corn tortillas & plantains | 4000

Gallo Pinto with Eggs GF V | 3000

Gallo Pinto w/ Eggs & Tomato GF V | 3500

Omelette GF* V

Tomato, sweet pepper, onion & cheese, served with whole wheat toast | 5000

Scrambled Tofu VG

Tomato, basil & onion served with whole wheat toast | 4000

Avocado Toast VG

Whole wheat toast topped with avocado & tomato basil mix | 5000

Breakfast Burrito V

Gallo pinto, eggs, fried plantain, cheese & ranchera sauce wrapped in a wheat tortilla | 5000

Huevos Rancheros GF V

Corn tortillas topped with fried eggs, refried beans, ranchera sauce & sour cream | 4000

Breakfast Extras

Corn Tortillas (3) | 600 - **Butter & Jam** | 1500

Refried Beans | 700 - **Fried Plantains** | 700

Eggs (2) | 900 - **Gallo Pinto** | 1300

Cheese | 1000 - **Sour Cream** | 600

Yogurt | 900 - **Granola** | 700

Toast | 900 - **Avocado** | 1000

Rates do not include 13% Tax

VG= vegan **V**= Vegetarian **GF**= Gluten free **GF*/ VG***= Gluten free /Vegan option available

We are not a gluten free kitchen. We take special care but cross contamination could occur.