

Lunch & Dinner

SERVED FROM 11AM - 9PM

SOUPS & STARTERS

Costa Rican Black Bean Soup V GF VG* 3500

Typical black bean soup served with rice, avocado, sour cream & a hard boiled egg

Gazpacho Andaluz VG GF* 3600

Tomato, cucumber, sweet pepper & olive oil chilled soup

Namaste Spring Rolls VG GF* 6000

Rice paper rolls with avocado, lettuce, vegetables & sesame dressing

Ceviche Tico GF* 5500

Fresh fish marinated in lemon juice, onion, cilantro & bell pepper.

Served with Patacones

Montezuma Ceviche GF* 5500

Fresh fish marinated in lemon juice, mildly spicy ranchera sauce, onion, bell pepper, garlic & cilantro. Served with Patacones

STARTERS & SIDES

French Fries 2500

Fried Yuca 2500

Patacones 2500

Fish or Chicken Nuggets 3000

Chips & Pico de Gallo 2000

Chips & Guacamole 2500

Garlic Bread 1600

WRAPS

Served with homemade tortilla chips and pico de gallo (Gluten free option available with rice paper)

Chicken Wrap GF* 6000

Grilled chicken, vegetables, lettuce & caesar dressing

Fresh Fish Wrap GF* 6000

Fresh fish, vegetables, lettuce & caesar dressing

Veggie Wrap V GF* 6000

Sautéed vegetables, lettuce & pesto dressing

Spicy Wrap V GF* 6000

Rice, refried beans, pico de gallo, cheese, jalapeño pepper & ranchera sauce

SALADS

Made with organic greens when available

Add: fresh fish, chicken, shrimp or tofu 2000

Caesar Salad V GF* Large 4000

Lettuce, homemade croutons, Small 2000
parmesan & homemade caesar dressing

Rainbow Salad VG GF* 5500

Lettuce, tomato, carrot, beets, olives, guacamole, homemade croutons, garlic bread
toasted sunflower seeds & fresh basil dressing

Happy Belly VG GF* 5500

Lettuce, cucumber, tomato, carrot, purple cabbage, guacamole, bell pepper, toasted
sunflower seeds & fresh balsamic vinaigrette

Chipotle Salad VG 5500

Lettuce, cucumber, beans, carrot, avocado, cilantro, pico de gallo, purple cabbage, bell pepper, tortillas chip & chipotle-tahini dressing

SANDWICHES

Vegan Patacon Sandwich VG GF* 5000

Lettuce, tomato, cucumber & guacamole served on patacones

Veggie Patacon Sandwich V GF* 6000

Lettuce, tomato, cucumber, cheese & guacamole. served on patacones with your choice of chipotle-mayo sauce, garlic aioli or BBQ sauce

Chicken Patacon Sandwich GF* 6500

Chicken, lettuce, tomato, cucumber & cheese, served on patacones with your choice of chipotle-mayo sauce, garlic aioli or BBQ sauce

Chicken Sandwich 5500

Grilled chicken on homemade whole wheat bread with avocado, lettuce, tomato, cucumber & dijon-mayo

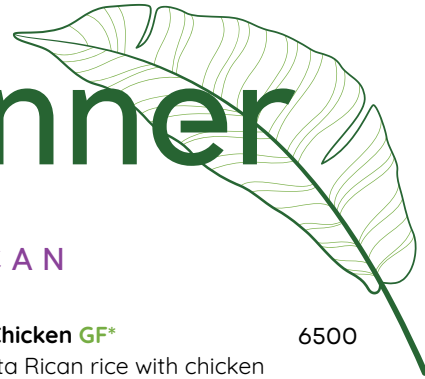
Veggie Burger Sandwich V 5500

Homemade lentil patty served on homemade whole wheat bread with guacamole, lettuce, tomato, cucumber & ranchera sauce

VG=Vegan V=Vegetarian GF=Gluten free GF* / VG* = Gluten free /Vegan option available
We are not a gluten free kitchen. We take special care but cross contamination could occur.

Rates do not include 13% Tax

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TYPICAL COSTA RICAN

Chicken or Fish Casado GF* 6000
Chicken or Fish, rice (white or brown), beans
vegetables, cheese, lettuce, plantains & salad

Vegetarian Casado VG* GF* 6000
Avocado, rice (white or brown), beans
vegetables, cheese, lettuce, plantains & salad

Rice With Chicken GF* 6500
Classic Costa Rican rice with chicken
served with salad & patacones or french fries

Rice With Shrimp GF* 7500
Classic Costa Rican rice with shrimp
served with salad & patacones or french fries

SANO BANANO CLASSICS

Enchilada Mexicana
Tortilla stuffed with cheese, refried beans
& vegetables, topped with cheese and
ranchera sauce
Chicken or fish 8500
Vegetarian 7000

Mexican Tostadas V GF*
Two crispy corn tortillas topped with avocado,
refried beans, lettuce, pico de gallo,
cheese & sour cream
Chicken 6000
Vegetarian 4500

Nachos V GF*
Corn tortilla chips, guacamole, pico de
gallo, cheese, refried beans & sour cream
Chicken/ Fish/ Shrimp L 8500 | S 6000
Vegetarian L 7000 | S 4500

Burrito V
Wheat tortilla, avocado, refried beans,
pico de gallo, lettuce, cheese,
sour cream & ranchera sauce
Chicken or Fish 7500
Vegetarian 6000

Patacones Sano Banano VG GF*
Fried Mashed plantains served with
guacamole, refried beans & pico de gallo
Chicken 6800
Vegetarian 5000

Zuma Bowl VG*
Brown or white rice, topped with beans, cheese,
tomato, cucumber, avocado, toasted sunflower
seeds, tortilla chips, cilantro & chipotle-tahini sauce
Chicken / Fish/ Shrimp/ Tofu 7500
Vegetarian 6000

Nuggets 6500
Chicken or fish, chipotle sauce with
patacones or french fries

Fajitas V VG* GF*
Corn tortillas, guacamole, refried beans
& pico de Gallo
Chicken or Fish 8000
Vegetarian 6500

Quesadillas V
Large wheat tortilla, vegetables &
cheese served with pico de gallo
Chicken / Fish / Shrimp 8000
Vegetarian 6500

WHAT IS A PATACON?

A crispy, golden disc of pure green plantain power—
fried, smashed, and ready to carry all your favorite toppings

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FRESH FISH

Fresh Fish a la Parisienne GF*	9000
Fresh fish filet with white wine and minced garlic & parsley sauce, complimented by mashed potatoes and vegetables	
Fresh Fish a la Passion Fruit GF*	9000
Fresh fish filet with a delicious passion fruit sauce served with mashed potatoes and vegetables	
Fresh Fish a la Jalapeño GF*	9000
Fresh fish filet with a spicy jalapeño-ranchera sauce accompanied by mashed potatoes and vegetables	
Fresh Fish a la Costa Sol GF*	10000
Fresh fish filet with a creamy white wine shrimp sauce served with mashed potatoes and vegetables	

FARM RAISED CHICKEN

Chicken with Pineapple Rum Sauce GF*	8500
Chicken breast served with a fresh pineapple rum sauce, accompanied by mashed potatoes and vegetables	
Chicken a la BBQ GF*	9000
Chicken kebabs enhanced by a delicious barbecue sauce, served on a pineapple slice. Accompanied by mashed potatoes and vegetables	
Chicken with Fresh Mushroom Sauce GF*	9000
Chicken breast served with a savory fresh mushroom sauce and accompanied by mashed potatoes and vegetables	

CURRY

Savory Thai Curry VG GF*	
Curried vegetables simmered in fresh homemade coconut milk served with white or brown rice	
Chicken / Fish/ Shrimp /Tofu	8500
Vegetable	7000

PASTA

Pasta Pesto with Mushrooms V	
Pasta penne enhanced with a sauteed mushroom, pesto and white wine sauce	
Chicken / Fish/ Shrimp/ Tofu	8000
Vegetarian	6500
Pasta Arrabiata V	
Penne pasta with a spicy tomato sauce with white wine, parsley, garlic & parmesan cheese	
Chicken / Fish/ Shrimp/ Tofu	8000
Vegetarian	6500
Spaguetti Sano Banano VG	
Spaguetti with fresh homemade coconut milk & white wine sauce, basil, bell pepper, mushrooms & avocado	
Chicken / Fish/ Shrimp/ Tofu	8000
Vegan	6500
Fetuccini with Shrimp & Mussels	9000
Pasta fettuccini with shrimp and mussels in a creamy white wine sauce, served with garlic bread	

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